



LUTHERAN PORT ELIZABETH

Friedenskirche

www.lutheran-pe.org

No. 2011.1 Feb/Mar 2011 Lutheran Church Springfield Port Elizabeth - Newsletter



Christus und Seine Kirche laden dich ein!
Christ and His Church invite you !

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Feb/Mar 2011		LUTHERAN PORT ELIZABETH	

Wabamkela Creche



24 January 2011

Hi Friedenskirche congregation,

A BIG thank you for the foodstuffs received last week! We are thrilled that you are partnering with us in feeding the poor children in Walmer Township. The food is perfect as it fits in with our menu plan and the luxuries, i.e. the tin peaches and the biscuits went down very well too! We are so pleased to be able to feed them the tinned fish as a protein source.

The name "Wabamkela" means "let the children come" and is taken from the gospels where Jesus reprimands the disciples as they try to keep the children away from Him.

We generally feed 35 – 40 children daily between the ages of 3 and 5. They get a meat meal (normally chicken) once a week and fresh fruit 2 x a week. We try as far as possible to feed fresh vegetables daily. They also receive a sandwich with peanut butter and jam on it.

I am sending some pictures from our Christmas party in December.

Blessings.

Juliet Watt (St Nicholas Anglican Church)



Planned



Regular

LENTEN DEVOTIONS

Starting on Ash Wednesday

(9 March)

Through to Holy Week

(20 April)

We invite everyone to our Lenten Devotions in our Church on Wednesday evenings at 19h00

Join us in remembering and meditating on the Journey that our Lord was led to the Cross of Golgatha.

What does the cross mean for us? How do we take part in this journey and how does that change our lives today?

These and other questions will be addressed during our devotions and we will sing reflective songs to help us find some quietness in our souls to ponder the answers

Weekly Home Church 19:30
German: Tuesday evenings
English: Wednesday evenings

Monthly Open Door 10:00

Coffee Morning
Last Wednesday of the month

Monthly Prayer Group 09:30

First Tuesday of the month

Monthly Home Church 18:00

Uitenhage
(See invitation on page 13)

From the Pastor's Heart

Dear congregation and friends,

The New year is upon us and we are gearing up for all the activities and events that we would like to attend, plan or initiate. Whether in our personal, family, church or work life, we have our ideas, hopes and plans – and perhaps we wonder, how much of all that will we be able to achieve or “pull off”.

Of course we must plan and think ahead – but, we also need to realise that many factors beyond our control will influence our future and in all probability things will turn out differently to what we wished, hoped or prayed for, some better, others worse. This has been my experience in the past. It does not make me sad, but careful about relying too heavily on my plans.

On the other hand I believe that we do have a calling to be and do what only we can be and do in our specific situation, our circumstances and surroundings. No one else can be you in that sense, you are called to be you where you are! You have a vocation to use your particular gifts and talents in a way that only you can, and through this you will bring beauty, love and hope to the world.

A time ago, I wrote a “photo poem”, a meditation inspired by a photograph of an artist, that somehow expresses this truth better than I could do it in prose (see page 6).

So I thought it might be appropriate to share it with you. It is my hope and prayer that each one of us would somehow hear the voice and find the vocation that is unique to us and then also the courage to do what we have been called to do.

May God bless you all.

Felix Meylahn

Watchword for 2011

Do not be overcome by evil, but overcome evil with good! Romans 12,21

Was dem Pastor auf dem Herzen liegt

Liebe Gemeinde, liebe Freunde,

das neue Jahr ist hier und wir sind emsig dabei, uns auf die vielen Aktivitäten und Ereignisse, die wir planen und veranstalten wollen, vorzubereiten. Ob nun im persönlichen, familiären, Berufs- oder Gemeindeleben, haben wir unsere Ideen, Hoffnungen und Pläne – und dabei denken wir wohl auch: werden wir das alles schaffen?

Natürlich sollen wir planen und vorausdenken, aber dabei nicht vergessen, dass es ganz viele Faktoren gibt, die nicht in unserer Macht sind, die letztendlich unsere Zukunft mitbestimmen. Und so werden wohl viele Dinge nocheinmal ganz anders verlaufen, als wir es uns gewünscht oder erbeten haben – manches davon besser, anderes schlechter als erhofft. So habe ich es jedenfalls in der Vergangenheit erfahren. Das macht mich nicht traurig, aber vorsichtig, mich zu sehr auf meine Pläne zu verlassen. Andererseits glaube ich fest, dass jeder von uns dazu berufen ist, der oder die zu sein und das zu tun, was nur er oder sie eben tun und sein kann. In unserer einmaligen Situation und unseren ganz eigenen Umständen sind wir dazu berufen, wir zu sein. Du hast eine Berufung, deine besonderen Gaben und Talente zu gebrauchen und dadurch Schönheit, Hoffnung und Liebe in die Welt hinein zu bringen.

Vor einiger Zeit schrieb ich ein „Foto-Gedicht“, eine Meditation, die von einem Foto inspiriert wurde, die viel besser zum Ausdruck bringt, was ich sagen will, als ich es jetzt in prosaischen Worten sagen kann. Darum wollte ich das Gedicht mit dem Foto mit Ihnen, mit Euch teilen. Es ist meine Hoffnung, mein Gebet, dass jeder, jede von uns irgendwie die Stimme hört und die Berufung findet, die uns dann den Mut schenkt, das zu sein und zu tun, was unserer Berufung entspricht.

Möge Gott uns alle segnen.

Felix Meylahn

Jahreslosung 2011

Lass dich nicht vom Bösen überwinden, sondern überwinde das Böse mit Gute!

Römer 12,21

A PORTRAIT OF ME? FELIX MEYLAHN



Maike Roßner photographed by Ulrike von Loeper

I laugh in humble mirth,
a chuckle rather, of budding delight,
of wonder and of unseen doubt ...

Is it truly me she is portraying,
seeing me?

For in the light of her face,
the focus of her eyes,

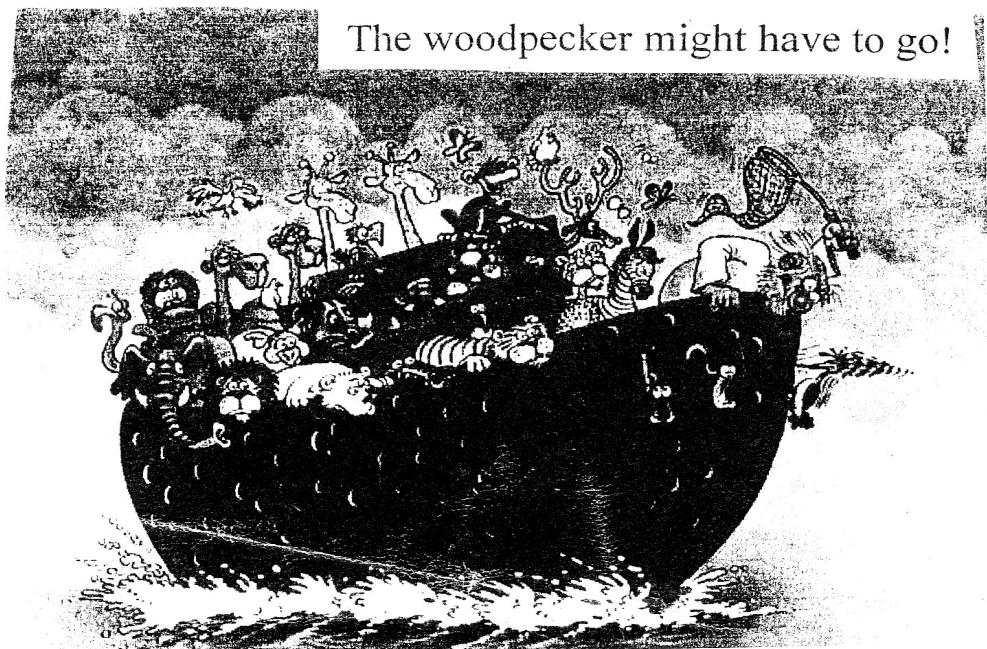
I brave the revelation of secret landscapes,
the inscapes of my heart ...

and their grief, their tears and joy
are seen at last, even by me,
to have a holiness and beauty
that want to burst into song and sound ...

Will I be able to read and play
these notes of my particular glory,
and so imitate God uniquely,
creating life as only I can play it?

Lessons from Noah's Ark

The woodpecker might have to go!



EVERYTHING one needs to know about life, can be learned from Noah's Ark :

1. Don't miss the boat
2. Remember that we are all in the same boat
3. Plan ahead. It wasn't raining when Noah built the Ark
4. Stay fit. When you're 600 years old, someone may ask you to do something really big
5. Don't listen to critics – just get on with the job that needs to be done
6. Build your future on high ground
7. For safety's sake, travel in pairs
8. Speed isn't always an advantage. The snails were on board with the cheetahs
9. When you're stressed, float a while
10. Remember, the Ark was built by amateurs - the Titanic by professionals.
11. No matter the storm, when you are with God, there's always a rainbow waiting

Losung für Februar 2011

»Auch die Schöpfung wird frei werden von der Knechtschaft der Vergänglichkeit zu der herrlichen Freiheit der Kinder Gottes.« Römer 8,21“

Watchword for February 2011

»That the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God.« Romans 8:21

06.02.2011 	5. Sonntag nach Epiphanias	Gottesdienst mit Abendmahl 9:30	Lesung Jesaja 40,12-25
13.02.2011 	Last Sunday after Epiphany	Divine Service with Holy Communion 9:30	Reading Exodus 3:1-10, 11-14
20.02.2011 	Septuagesima: Third Sunday Before Lent Septuagesimae: 3. Sonntag vor der Passionszeit	Divine Service 9:00 Gottesdienst mit Abendmahl 10:15	Reading Luke 17.7–10 Lesung Lukas 17,7–10
27.02.2011 	Sexagesima: Second Sunday Before Lent	Family Service with Holy Communion 9:30	Reading Mark 4.26–29

Losung für März 2011

»Bei Gott allein kommt meine Seele zur Ruhe; denn von Ihm kommt meine Hoffnung«

Psalm 62,6

Watchword for March 2011

He alone is my rock and my salvation, my fortress; I shall not be shaken.«

Psalm 62:6

06.03. 2011 	Estomih: Sonntag vor der Passionszeit	Gottesdienst mit Abendmahl 9:30	Lesung Lukas 10,38–42
13.03. 2011 	Invocavit: First Sunday in Lent	Divine Service with Holy Communion 9:30	Reading Genesis 3,1–19(20–24)
20.03. 2011 	Reminiscere: Second Sunday in Lent Reminiscere: 2. Sonntag der Passionszeit	Divine Service 9:00 Gottesdienst mit Abendmahl 10:15	Reading Matthew 12,38–42 Lesung Matthäus 12,38–42
27.03. 2011 	Oculi: Third Sunday in Lent	Family Service with Holy Communion 9:30	Reading Mark 12,41–44

Live Healthily in 2011

An educator at a large PE company wanted to share with her fellow employees, a guide on how to live healthily in 2011.

Health:

Drink plenty of water. Eat breakfast like a king, lunch like a prince and dinner like a beggar. Eat more foods that grow ON plants and trees and eat less food that is manufactured IN plants (factories). Live with the 3 E's - Energy, Enthusiasm and Empathy. Make time to pray. Play more games. Read more books than you did in 2010. Sit in silence for at least 10 minutes each day. Sleep at least 7 hours a night. Take a 10-30 minute walk daily. And while you walk, smile.

Personality:

Don't compare your life to others. You have no idea what their journey is all about. Don't have negative thoughts on things you cannot control. Instead, invest your energy in the positive present moment. Don't overdo. Keep your limits. Don't take yourself so seriously. No one else does. Don't waste your precious energy on gossip. Dream more while you are awake. Envy is a waste of time. You already have all you need. Forget issues of the past. Don't remind your partner of his/her mistakes in the past that will ruin your present happiness. Life is too short to waste time hating anyone. Make peace with your past so it won't spoil the present. No one is in charge of your happiness except you. Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away but the lessons you learn will last a lifetime. Smile and laugh more. You don't have to win every argument. Agree to disagree.

Society:

Call your family often. Each day give something good to others. Forgive everyone for everything. Spend time with people over the age of 70, and under the age of 6. Try to make at least three people smile each day. What other people think of you is none of your business. Your job won't take care when you are sick, your friends will so stay in touch.

Life:

Do the right thing! Get rid of anything that isn't useful, beautiful, or joyful. GOD heals everything. However good or bad a situation is, it will change. No matter how you feel, get up, dress up, and show up. The best is yet to come... When you awake alive in the morning, thank GOD for it. Your Inner most is always happy. So, be happy.

Martin Luther's Evangelical Discovery

The demands of study for academic degrees and preparation for delivering lectures drove Martin Luther to study the Scriptures in depth. Luther immersed himself in the teachings of the Scripture and the early church. Slowly, terms like *penance* and *righteousness* took on new meaning. The controversy that broke loose with the publication of his 95 Theses placed even more pressure on the reformer to study the Bible. This study convinced him that the Church had lost sight of several central truths. To Luther, the most important of these was the doctrine that brought him peace with God.

With joy, Luther now believed and taught that salvation is a gift of God's grace, received by faith and trust in God's promise to forgive sins for the sake of Christ's death on the cross. This, he believed was God's work from beginning to end.

Short Biography

- o 1483 (November 10) [Born](#) in Eisleben
- o 1505 [Monk](#) in Erfurt
- o 1512 [Doctor of Theology](#) in Wittenberg
- o 1517 [Nailed the 95 Theses](#) to the door of the Castle Church
- o 1521 [Outlawed](#) and [exiled to the Wartburg](#)
- o 1522 [Return to Wittenberg](#)
- o 1525 [Married](#) Katharina von Bora
- o 1534 Published the complete Bible in German
- o 1546 (February 18) [Died](#) in Eisleben

Congregational News

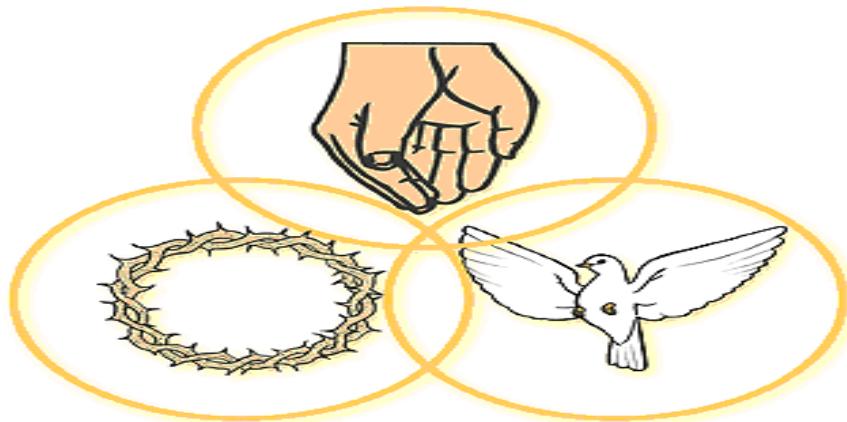
Aus der Gemeinde

Our Father in heaven.
Reveal who you are.
Set the world right;
Do what's best—as above, so below.
Keep us alive with three square meals
Keep us forgiven with you and forgiving others.
Keep us safe from ourselves and the Devil.
You're in charge!
You can do anything you want!
You're ablaze in beauty!
Yes; Yes. Yes.

(from The Message)

Our Father, who art in Heaven.
Hallowed be thy Name.
Thy kingdom come.
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For Thine is the kingdom,
And the power, and the glory,
for ever and ever.
Amen.

(Traditional)



Gebetskreis / Prayer Group



Contact persons: Marita Fröhlich 041-360 3317
 Christel Schädler 041-367 3147

Gottesdienst in Uitenhage



Wir treffen uns regelmäßig einmal im Monat im Hause der Familie Krieg zum Hausgottesdienst. Dazu laden wir alle in Uitenhage herzlich ein. In der Regel ist das Beisammensein am Montag nach dem ersten Sonntag des Monats.

Der Hausgottesdienst fängt meistens so um 18h00 an und es gibt anschließend noch eine Tasse Tee oder Kaffee mit herrlichem Kuchen. Alle sind also herzlich dazu eingeladen.

Kontaktpersonen: Hagen und Edelgard Krieg
 Handy: 082 537 0265 – Edelgard
 9 Wistaria Street Fairbridge Heights

Geburtstage

Birthdays

Wir gratulieren sehr herzlich allen "Geburtstagskindern" und wünschen ihnen Gottes Segen und Geleit ins neue Lebensjahr.

We congratulate all Congregation Members celebrating their birthday and wish many happy returns and God's blessing for the year ahead.

February

- | | |
|----|------------------------|
| 3 | Dorothea von Wildemann |
| 4 | Carla Arends |
| 6 | Elisabeth Rautenbach |
| 11 | David Thompson |
| 17 | Brian Arends |
| 21 | Ingelene Stodtmeister |

March

- | | |
|----|---------------------|
| 3 | Reinhard Mahlert |
| 4 | Igor Lokotsch |
| 8 | Anne Bride |
| 19 | Ursula Angloher |
| 21 | Ashley Sonnenberger |
| 24 | Dale Thompson |
| 24 | Josef Ritter |
| 26 | Ursula Eichhoff |
| 31 | Berhard Tessendorf |



The recommended contribution is R425.00 per month, but no contribution is too small or too large.

Should you need more detailed information or if you are able to contribute in any other way, please contact Gerhard Fröhlich. (Contact details on the back of this newsletter.)

Should you elect to make a direct deposit into the Church's Banking Account, you are kindly requested to include your details on the deposit slip under the "reference" section.

Bank: First National

WALMER Branch

Branch code:

21.12.17

Account Name:

Lutheran Church Springfield

Account No.

534 200 32476

Church Committee 2010

Rev Felix Meylahn	33 Luke Avenue, P.O. Box 5039 pastor@lutheran-pe.org 041-367 1986 H	Springfield PE (Pfarrhaus/Manse) Walmer PE 6065 082 579 6381
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Reinhard Walle (Membership Information)	4 May Way membership@lutheran-pe.org 041-360 6769 H	Sunridge Park 6045 079 490 0104
Gerhard Fröhlich (Treasurer)	63 Boundary Rd, treasurer@lutheran-pe.org 041-360 3317 H	Morningside
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Lionel Sonnenberger	18 Finch Street, warden4@lutheran-pe.org 041-365 6249 H	Cotswold 082 770 9544

Records Update:

If you are aware of any discrepancies, e.g. inaccuracies in spelling of names, incorrect address details, tel number, or even not receiving newsletters etc. please write down the corrected information and forward to Pastor Meylahn or one of the church wardens.

