

Watchword

June 2019

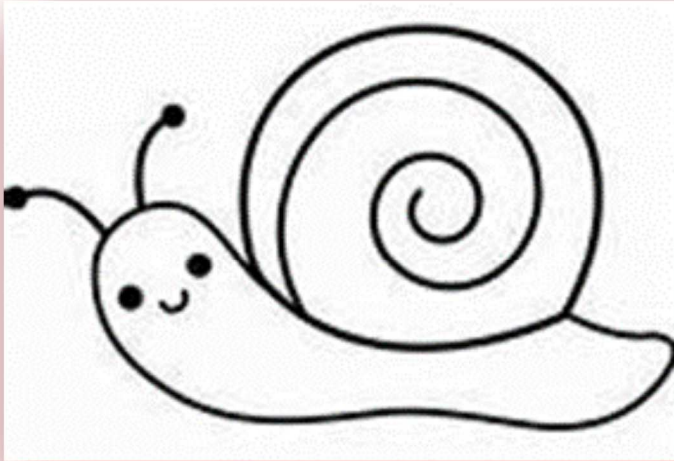
**Christ and His Church invite you !
Christus und Seine Kirche laden Dich ein!**

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From the Pastor's Heart

Let every person be quick to listen, slow to speak, slow to anger.
James 1:19

Thoughts on the watchword
for the month of July 2019:



'Slow' - this word doesn't go down very well in our fast-paced time. Oftentimes, we are not allowed to do things a little slower, especially when we are still in the workplace.

But precisely because our days are often so hectic and restless, it can help us to remember the importance of a break, a pause. Nature gives us good examples of this.

One of the examples of this is that of a snail. Slowly and thoughtfully, the snail moves. Everything excited, quick and restless is unknown to it. Quiet and measured, almost plump and unwieldy are its movements. It represents one of the prime symbols of slowness. In contrast to the snail's slow movements is its delicate feelers. They move at lightning speed, are extremely sensitive to any danger and obstacle. It is

because the snail's feelers react so delicately and sensitively, so quickly and at lightning speed, that its body can move slowly and serene. - Maybe we humans too need this wonderful mix of a delicate, watchful, measured, thoughtful and quiet way of life.

If our heart could be aware and watchful to perceive everything dangerous and adverse with sensitivity and calm, we probably wouldn't have to run around so restlessly. We would perceive the things of life quickly and sensitively, and go our way calmly and thoughtfully.

Praying for and trusting in God's provision and guidance are ways to "stretch out" our delicate feelers and go into the day with love and thoughtfulness, with peace and serenity to work and play. This is my prayer and wish for all of us for each new day.

Prayer: Lord, we often run and chase through life so restlessly. Help the inner feelers become finer and more sensitive to our deepest needs, to our fellow human beings and to You again.

Amen.

Harvest Thanksgiving

Dear Friends

This year we would like to earmark our Harvest Thanksgiving Family Service on the

27th of October 2019

as an opportunity to generate much needed funds for our congregation. Therefore, this day will be a tithing Sunday, followed by a bring and share lunch to celebrate God's goodness and faithfulness. Harvest Thanksgiving is a giving of thanks for a good harvest. Although most of us are not farmers by profession we all have much to be thankful for in terms of God's provision for and blessings over our lives. Harvest Thanksgiving is

a day on which we can express our thankfulness and gratitude and give back, in the true sense of the word, a giving of thanks.

O give thanks to the Lord, for He



is good; for His steadfast love endures forever. Psalm 107:1

Dear Parents of our Young Children



We are really greatly concerned that we don't see our children on Sundays, especially on those Sundays when there's Children's Church (every second Sunday of the month) and our Family Service

(every last Sunday of the month). On the day of your child's baptism we as parents and as a congregation promised to see to it that our children attend Children's Church. This is important for the children as an introduction to church life, a foundation for their faith and to make friends with the other children. We therefore encourage you to try and bring your children to church. They are a very important part of our church family, as are you...

Kind regards, Pastor Anja

News from the Office of the Bishop

Partnership for Missional Churches (PMC) and Listening Process

Prof Pat Keifert will be in South Africa again in June/July. He will spend time with us to teach and build further on what he did 2 years ago. The following program has been agreed upon:

22 June 2019 for the preachers, church committee members and lay leaders of CCE in East London

29 June 2019 for the preachers, church committee members and lay leaders of CCW in Stellenbosch

1-4 July 2019 for the Pastors in Wellington

Details and program will follow.

If you have any specific questions or topics you would like Pat Keifert to speak on, please let the church office know asap:

bishop@elcsacape.co.za

Synod 2019

Next meeting of synod will take place from **6-8 September 2019** at St Andrew's Lutheran Church in East London. The theme will be: "Biblical and socio-economic/socio-politic perspectives on land." We will have different guest speakers who will give us an introduction on different aspects which then will be discussed in small groups. Enough time will be allowed for discussion and feedback.

The delegates have been elected, thus there is enough time to prepare, starting with what is happening in your own congregation. Please take note of the following important dates:

Pre-synod meetings are planned **3 August 2019** for the CCW

24 August 2019 for the CCE.

Pre-synod pastors' convocation will take place in East London

4-5 September 2019

Let us keep the planning for the synod in our prayers. May the gathering be a blessing to the whole church!

ELCSA (Cape Church) Webpage

<http://lutherancape.org.za>.

On the webpage you can find important information and documents.

A number of congregations still need to provide this office with a brief history and information for the webpage. It is essential that a link to each congregational webpage is available.

Please use our webpage. If you find any mistakes or have a contribution to make, please let us know at office@elcsacape.co.za

Nachrichten aus dem Büro des Bischofs

“Partnership for Missional Churches” (PMC) und “Listening Process”

Professor Pat Keifert wird im Juni / Juli wieder in Südafrika sein. Er wird uns besuchen, und auf dem aufbauen, was er vor zwei Jahren begonnen hat. Das folgende Programm wurde vereinbart:

22. Juni 2019 Workshop in der BKO für Prediger, Kirchenvorsteher, alle die mehr lernen wollen

29. Juni 2019 Workshop in der BKW für die Prediger, Kirchenvorsteher, alle die mehr lernen wollen

1-4 Juli 2019 für die Pastoren in Wellington. Weitere Einzelheiten und das Programm folgen.

Wenn Sie besondere Fragen oder Themen haben, über die Sie etwas von Pat Keifert hören möchten, teilen Sie dies bitte dem Kirchenbüro so schnell wie möglich mit: bishop@elcsacape.co.za

Synode 2019

Die nächste Sitzung der Synode wird vom **6.-8. September 2019** in der St. Andrews Lutheran Church in East London stattfinden. Das

Thema der Synode ist:

“Biblical and socio-economic/socio-politic perspectives on land.” Gastredner werden Einleitungen in die Themen geben, wonach es genügend Zeit geben wird für Gespräch und Austausch an den Tischen.

Die Gemeinden haben ihre Synodalabgeordneten bereits gewählt. Wir wünschen ihnen viel Freude bei den Vorbereitungen.

Vorabtreffen für die Synode sind geplant am **3. August 2019** BKW und am **24. August 2019** für BKO. Vom **4.-5. September 2019** tagen die Pastoren in East London.

Wir schließen die Planungen für die Synode in unsere Gebete ein. Möge die Versammlung ein Segen für unsere Kirche sein.

ELKSA (Kapkirche) Internetpräsenz

<http://lutherancape.org.za>

Einige Gemeinden müssen dem Büro noch einen kurzen Text zur Geschichte und Informationen für die Webpage zur Verfügung stellen. Es ist wichtig, dass ein Link zur Website jeder Gemeinde verfügbar ist.

Bitte benutzen Sie unsere Webpage. Sollten Sie Fehler bemerken oder einen Beitrag haben, melden Sie sich bitte bei office@elcsacape.co.za.



1 June	Kai Burgdorf-Fowie	1 July	Branson Bosman
2 June	Leo Burgdorf-Fowie	2 July	Callum Bosman
3 June	Craig Bürger	3 July	Antoinette Bosman
4 June	Candice Bürger	4 July	Auke Brand
5 June	Sharon Bürger	5 July	Isa Brand
6 June	Christian Bürger	6 July	Gerd Bride
7 June	Gemma Bürger	7 July	Anne Bride
8 June	Sandile Coko	8 July	Joan Cairncross
9 June	Holly Eichhoff	9 July	Joy Cairncross
10 June	Kurt Eichhoff	10 July	Alie Coetzer
11 June	Audrey Letsholonyane	11 July	Tara Dreier
12 June	Reabetswe Letsholonyane	12 July	Jado Hummel
13 June	Genia Lokotsch	13 July	Lyla Hummel
14 June	Eva Rieboldt	14 July	Tristan Hummel
15 June	Gisela Schmidt	15 July	Thomas Jachens
16 June	Andreas Seifert	16 July	Linda Jachens
17 June	Christian Seifert	17 July	Stefan Jachens
18 June	Leah Septoe	18 July	Nicholas Jachens
19 June	Colleen Sonnenberger	19 July	Owen Kivedo
20 June	Ashley Sonnenberger	20 July	Hildegarde Kivedo
21 June	Clinton Sternberg	21 July	Roswell Kivedo
22 June	Nicholas Sternberg	22 July	Michael Koch
23 June	Sophie Sternberg	23 July	Lorinda Koch
24 June	Olga Thomas	24 July	Ulrich Koch
25 June	Declan Thompson	25 July	Elizabeth Köpke
26 June	David Thompson	26 July	Justin Köpke
27 June	Sicilia Welcome	27 July	Colin Lentz
28 June	Nicole Wright	28 July	Brenda Lentz
29 June	Geoff Andrews	29 July	Darren Lentz
30 June	Charlotte Andrews	30 July	Karla Lentz
		31 July	Henry Newman

Notice Board Planned

Ladies Retreat -
Humbleways
5 July 2019 17:00 till
6 July 2019 14:00
(Friday/Sat.)



Café Bingo
27 July 2019 14:00
(Saturday)



Ladies Tea
24 August 2019 10:00.
(Saturday)
Theme: "Tea on the Beach"



Café Bingo
28 September 2019 14:00
(Saturday)



Christmas Market
2 November 2019 9:30
(Saturday)



Carols, Coffee, Cake
8 December 2019 11:00
(Sunday)



Anschlagbrett

Regular

Weekly House Church
Wednesday evenings
at 19:00
Combined: English / German

Open Door
Last Tuesday of each month
at 10:00
co-ordinator: Marita Fröhlich
041-360 3317 or 082 564 3409

Young Adults
Every 1st Sunday of each month
Coffee with GOD at 18:00

Children's Church
All children are invited to our Children's Services which will be held during English Divine Service on the 2nd Sunday of each month.
Children are invited to stay in the Sanctuary during the sermon on other Sundays.
co-ordinator:
Elizabeth Köpke 083 232 6624
Last Sunday of the month is **Family Service** and geared towards children too.

Watchword for this month:
*Pleasant words are like a honeycomb,
 sweetness to the soul and
 health to the body.*

Proverbs 16:24

Monatsspruch:
*Freundliche Reden sind Honigseim,
 süß für die Seele und
 heilsam für die Glieder. .*

Sprüche 16,24

So. 02.06.2019

Exaudi: 6. Sonntag nach Ostern

09:30 D Gottesdienst mit Abendmahl
 Johannes 15,26–16,44



Su 02.06.2019

Exaudi: Sunday after Ascension

19:00 E Evening Service
 John 15.26–16,4



Su 09.06.2019

Pentecost: Whitsunday

09:30 E Divine Service with Holy Communion
 John 14.23–27



Su 16.06.2019

Trinity Sunday

09:30 E Divine Service with Holy Communion
 John 3.1–8(9–15)



Su 23.06.2019

First Sunday after Trinity

09:30 E Divine Service with Holy Communion
 Luke 16.19–31



Su 30.06.2019

Second Sunday after Trinity

09:30 E Family Service with Holy Communion
 Luke 14.(15)16–24



Watchword for this month
*Let everyone be quick to listen,
 slow to speak,
 slow to anger.*
 James 1:19

Monatsspruch:
*Ein jeder Mensch sei schnell zum Hören,
 langsam zum Reden,
 langsam zum Zorn.*
 Jakobus 1,19

So. 07.07.20193. Sonntag nach Trinitatis

09:30 D Gottesdienst mit Abendmahl
 Lukas 15,1–7 (8–10)

Su 07.07.2019Third Sunday after Trinity

19:00 E Evening Service
 Luke 15.1–7(8–10)

Su 14.07.2019Fourth Sunday after Trinity

09:30 E Divine Service with Holy Communion
 Luke 6.36–42

So. 21.07.20195. Sonntag nach Trinitatis

09:30 D Gottesdienst mit Abendmahl
 Lukas 5,1–11

Su 28.07.20196th Sunday after Trinity

09:30 E Family Service with Holy Communion
 Matthew 28.16–20





Rev Anja Spiske	33 Luke Avenue, (Manse) P.O. Box 5039 pastor@lutheran-pe.org 041-367 1986 H	Springfield Walmer 6065 072 734 9995
Reinhard Walle (Chairman)	4 May Way chairman@lutheran-pe.org 041-360 6769 H	Sunridge Park 6045 063 685 0263
Gerhard Fröhlich (Treasurer)	63 Boundary Rd, treasurer@lutheran-pe.org 041-360 3317 H	Morningside 6025
Henry Newman (Membership)	81 Villiers Road, membership@lutheran-pe.org 041-581 3907 H	Walmer 6070 078 703 7003
Carol Buschhold	25 St Louis, Nerina Ave	Kamma Park 6070 071 6376 372
Auke Brand	52 Bernard Road warden1@lutheran-pe.org 041-367 5287	Lovemore Heights 6025 082 824 7345
Desmond Fillis	12 Speyers Road warden4@lutheran-pe.org 041-367 2788	Walmer Downs 6070 072 399 3574
Elizabeth Köpke	33 Walker Gardens Montrose Street warden5@lutheran-pe.org	Sherwood 6025 072 399 35
Sicilia Welcome	13 Loton Street warden2@lutheran-pe.org 041-452 3095	Young Park 6001 082 862 8609



Contributions, Donations

The congregation's Levy is paid to the Cape Church each month.

The recommended contribution per family is R500 per month, however, all contributions, small or large help towards our commitment.

Please make your payments to the church by means of a deposit into the church's bank account or via electronic fund transfer (EFT) and provide your details under the reference section

Kirchbeiträge, Spenden

Die Abgabe der Gemeinde wird jeden Monat an die Kapkirche gezahlt. Der empfohlene Beitrag pro Familie beträgt R 500 pro Monat, jedoch tragen alle kleinen oder großen Beiträge zu unserem Engagement bei.

Verwenden Sie bitte für Zahlungen an die Kirche das untenstehende Bankkonto (Einzahlungen am Schalter oder Überweisungen), als Referenz: Namen und Verwendungszweck angeben.

Bank: First National Bank, Branch Code: 211217 Walmer Branch
Account: 534 200 32476 Account Name: Lutheran Church Springfield

01 Jun	David Breitfeld
02 Jun	Werner Krieg
05 Jun	Karla Lentz
05 Jun	Maya Breitfeld
07 Jun	Elizabeth Köpke
09 Jun	Kai Burgdorf-Fourie
12 Jun	Nicolas Sternberg
13 Jun	Sheldine Septoe
18 Jun	Jordan Mächtle
19 Jun	Barbara Rath
21 Jun	Anthea Daniels
21 Jun	Dominique Thomas
21 Jun	Isa Kerstin Brand
21 Jun	Janine Wright
21 Jun	Kyle Angloher
21 Jun	Lynn Cairncross
29 Jun	Anja Spiske
30 Jun	Otto Bülbring



01 Jul	Linda Jachens
06 Jul	Christel Schädler
10 Jul	Kadean Daniels
10 Jul	Phil Gareth van Rensburg
12 Jul	Eva Rudolph
16 Jul	Hans Schaberg
18 Jul	Dorle Kussing
18 Jul	Elisabeth Wagner
20 Jul	Bernd Mächtle
29 Jul	Desmond Fillis
29 Jul	Doreen Stocklose
31 Jul	Anthony Thomas
31 Jul	Lionel Sonnenberger

Information on Congregation's Financial Needs

Appreciation

For those Congregation Members who may not have been able to attend our last AGM report back and discussion your Church Committee would like to sincerely thank all Congregation Members and Friends who have diligently contributed last year. At the same time more volunteers are encouraged to partner with others that will help share the load of those already contributing.

Background information

Our congregation's car loan is to be paid up by November 2019. The 2018 advance car loan target planned for payments in 2019 totalled R3,070 was carried to 2019. In the 2018 year, R33,293 of the MTL Budgetary Target of R41,250 was achieved. The shortfall of (R7,957) has been carried over to 2019 and added to R41,250 to round off the target of R49,000. The 2019 Budgetary estimate of our 5 year Maintenance plan is R17,000. The total 2019 budgeted Belltower Projects is in the amount of R66,000

Further details of AGM proposals from the floor

A letter to Congregation Members is being drafted to further outline and explain proposals made at the last AGM on creative ways to further partner to attain our 2019 Congregation's budgetary targets.

Reinhard Walle

The "Belltower" Project 2019

It was agreed at the Special General Meeting held on the 25 February 2018, that the congregation is asked for additional donations to be used for: Repaying the outstanding debt to the Cape Church, repaying the Congregation's Car Loan and getting funds for the 5-year Maintenance Project.

Received by

Target 2019

Medium Term Loan (MTL) Project

12.05.2019	R 16,050	R 49,000
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Maintenance Project

12.05.2019	R 650	R 17,000
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Car Loan Project.

(12.05.2019	R 3,620	R 23,000)
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Was Frau Pastorin am Herzen liegt

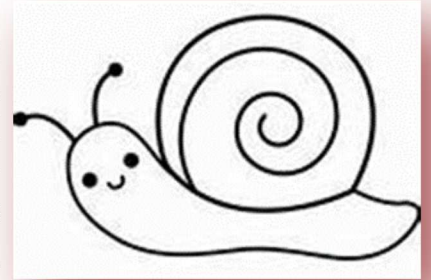
Ein jeder Mensch sei schnell zum Hören,
langsam zum Reden, langsam zum Zorn.
Jakobus 1:19

Gedanken zum Monatsspruch Juli 2019

Langsam – dieses Wort kommt in unserer schnelllebigen Zeit nicht sehr gut an. Oft werden wir auch nicht zugelassen, die Dinge etwas langsamer anzusteuern, besonders nicht, wenn wir noch im Berufsleben stehen. Aber gerade weil unsere Tage oft so hektisch und unruhig sind, kann es uns helfen, dass wir uns an die Wichtigkeit der Pause erinnern. Die Natur macht es uns gut vor. Ein gutes Beispiel dafür ist die Schnecke.

Langsam und bedächtig bewegt sich die Schnecke. Alles Aufgeregte, Schnelle und Unruhige ist ihr unbekannt. Ruhig und gemessen, fast plump und schwerfällig sind ihre Bewegungen. Sie ist das Sinnbild der Langsamkeit. Auffälliger Gegensatz dazu sind die zarten Fühler der Schnecke. Sie bewegen sich blitzschnell, reagieren äußerst empfindlich auf jede Gefahr und jedes Hindernis. Weil die Taster und Fühler der Schnecke so zart und empfindlich, so rasch und blitzschnell

reagieren, kann sie im Ganzen so beruhigt und gelassen ihre Bahn ziehen. –



Vielleicht brauchen auch wir Menschen dieser wunderbare Mischung aus zarten, wachsamen, gemässigten, bedachten und ruhigen Art des Lebens. Wenn unsere Herzensfühler so empfindlich und wach alles Gefährliche und Widrige wahrnehmen könnten, müssten wir auch nicht so unruhig und aufgeregte herumrennen. Wir würden die Dinge des Lebens rasch und empfindsam wahrnehmen, flink und blitzschnell Gefahren durchschauen und ruhig und bedacht unseren Weg gehen. – Betend und glaubend sind wir auf der Hut, haben unsere zarten Fühler ausgestreckt und gehen mit Liebe und Bedacht, mit Ruhe und Gelassenheit an die Arbeit und in jeden Tag. Das wünsche ich uns allen an jedem Tag wieder neu.

Gebet: Herr, wir jagen oft so ruhelos durchs Leben. Hilf, dass die inneren Fühler für unsere tiefsten Bedürfnisse, für unsere Mitmenschen und für dich wieder feiner und empfindlicher werden. Amen.

LUCSA youth discuss LWF's priorities for youth

Youth from 15 member churches of the [Lutheran Communion in Southern Africa](#) (LUCSA) have identified climate change and gender-based violence as key issues to address in their respective countries.

Meeting mid-April, in Johannesburg, South Africa, barely a month after the devastating impact of cyclone Idai in Malawi, Mozambique and Zimbabwe, they resolved to set up a sub-regional network to encourage youth participation in activities that promote care for the creation and environmental protection. Prolonged drought and shorter but intense periods of rainfall in the subregion threaten the livelihoods of rural populations, who mainly depend on subsistence farming and herding livestock.

Mgwaza noted that barely a fort-

This just reminds us again why we have to continue advocating for climate justice. The weather patterns have changed and often authorities are not prepared to cope with the aftermath and help their people.

LWF Council member Khulekani Sizwe Magwaza, Evangelical Lutheran Church in Southern Africa

night after the workshop, another tropical storm struck South Africa's eastern coastline around Durban between 22-23 April, killing more than 50 people, with flooding and mudslides destroying homes and property. Participants in the workshop included Rev. Zelda Cristina Cossa from the Evangelical Lutheran Church in Mozambique, who reflected about cyclone Idai and recurring torrential rainfall in the country. "These tropical storms provide grim proof that global warming is a real and continuing threat. Effective adaptation to minimize damage is essential in preparing people in the region. Disaster risk management plans are especially important in order to minimize loss of life," added, Cossa.

At the LWF Twelfth Assembly in 2017, the member churches reiterated youth participation and leadership as priority themes for the communion. The LWF strategy acknowledges the critical role of youth leadership in strengthening LWF's commitment to addressing climate change as a matter of intergenerational justice.

The [LWF Strategy 2019-2024](#) provided under the theme, "With Passion for the Church and the World".

LUCSA youth

The rights of women and girls

The LUCSA youth also cited examples of increasing incidents of sexual and gender-based violence especially in families in countries such as Namibia and South Africa, and the general lack of commitment by authorities to hold perpetrators to account. They noted that is a gross violation of the rights of women and girls, and “we are committed to tackling it in all its forms as best as we are able.”

Magwaza encouraged the workshop participants to improve their life skills and develop positive behavioural changes in order to better serve the church and the wider society.

“It is about young people developing personal values and qualities which enable them to effectively play a key role in the church’s growth and sustainability and in society’s social development agenda,” they said in a final statement.

By Felix Samari, LWF ALCINET



LUCSA brings together 15 Lutheran churches in Southern Africa, among them our Cape Church

Brokenness and Healing

In 2007 our Friedenskirche Young Adults and Youth Group started a project.

Here is an extract of their story :

The two youth meetings we had in early 2007 were packed with artistic excitement thanks to our innovative youth and our equally talented assistants to help us.

The theme was, “From brokenness to healing” and they started off by bashing mom’s old (hopefully) mugs, glasses, plates and mirrors to pieces, whilst thinking of something that has caused us pain or more to the point, has caused to break inside. That was really fun and did the world of good. You don’t get the chance to simply break something for the sake of breaking it everyday. Here our frustrations, our anger, our hurt or simply our wish to break something had a field day. Then the question was, how do we ‘fix’ things when they go wrong? All agreed that, however hard we try, that broken cup, mirror or plate would never look the same again. It also became clear to us that the pain and the brokenness we experience in our lives is not all that simple, you cannot just ‘fix’ it. So, where do we go? Who do we turn to when things fall apart and break in our lives?

Cont. next page

Brokenness and Healing

from page 15

How can we become whole again?



One of our assistants made a big wooden cross for us. That was the direction we took with our broken pieces and we glued them all onto the cross.

The end-result was a beautiful mosaic creation that everyone could be proud of. And, although the pieces that were glued together, did not make a cup, a plate or a mirror, they did, in a bizarre way, become whole again on the cross; they again were part of something whole.

The cross shows us that God became a part of our brokenness in that he himself broke (died) on the cross. That's why we are not alone in our brokenness and that's also why we can bring



our broken pieces to the place that proves that God cares about the things that hurt us, and the place where we can become whole again. In our next meeting we grouted the cross with black grout, in order to bring out all the beautiful colours of the mosaic.

We were made aware of the fact that we have times and places in our lives where it can become very dark and difficult, where we struggle to see



the good things in life. Sometimes it takes a lot of rubbing and scratching to see the goodness and the colour of life again. We also saw how the colours of the broken pieces on the cross came out

clearer and more beautiful with the black grout around it.

The final product is beautiful and is standing in our church. Every Sunday we are reminded where we can go with our brokenness – the one place where we will never be turned away!

It showed us that, sometimes we need to go through dark and difficult times to see how good the life that God gave us really is; also, that we needn't fear the darkness, because God does not leave us alone there. He helps us find our way again.